

#### 1. Introduction

- 1.1 WSC is committed to providing sufficient numbers of first aid trained persons to deal with injuries occurring to persons in the club premises, during the use of its facilities and whilst an afloat activity is underway.
- 1.2 To this end, the Club will provide information and training on first aid to employees and members to ensure that adequate cover is provided.

### 2. Responsibility

- 2.1 Club Flag Officers/Officers are to ensure that there is sufficient first aid cover in their areas of responsibility, arranging for necessary training to be put in place.
- 2.2 The Club Administrator is to ensure that he/she and Club Bosuns are first aid trained, arranging refresher training when necessary.
- 2.3 Event Co-ordinators are to ensure that there are sufficient first aid trained members available to cover Club activities (e.g. fireworks night, evening racing, Club cruises).
- 2.4 Rear Commodore House is to provide first aid boxes in the Club premises and Rear Commodore Sailing is to provide first aid boxes in race/patrol boats. Their contents are to be routinely checked and replenished by the Club Administrator (ashore), the Member volunteer appointed by Rear Commodore Sailing (afloat).

### 3. Policy

- 3.1 First aid boxes are provided within the Club and on race/patrol boats to ensure that there are adequate supplies for the nature of the hazards involved. Notices will be displayed in giving the location of first aid equipment and the name(s) of those responsible for checking and maintaining contents. Contents lists are to be provided within each first aid box. The Administrator is to hold a stock of items to replenish contents.
- 3.2 Defibrillators are located in the entrance to Shore House and outside the Harbour Master's Office.
- 3.3 The Club's insurance policy indemnifies staff and Member volunteers carrying out first aid to others whilst on the premises or in support of Club activities.
- 3.4 At least one member of each race patrol boat is to have received first aid training to the level specified by Rear Commodore Sailing.
- 3.5 Accidents are recorded and reported in accordance with policy HS106 Accidents, Incidents and Near Misses.

#### 4. References

HS106 - Accidents, Incidents and Near Miss Incidents.

## 5. Change history

V1.0 dated 5/12/2016, Initial Issue;

V2.0 dated 4/03/2019, Update with initial experience/feedback.

# Appendix A, WSC - Location of First Aid Boxes

# First Aid Kits Ashore

Shore House – Upstairs dining room – adjacent to bar, with eyewash station Shore House – Lower Servery, with eyewash station Lobster Quay – RIB Shed

# First Aid Kits Afloat

RIBs W1 to W5 inclusive, portable 1<sup>st</sup> aid boxes; Lobster Boat, fixed first aid box; 5 x Jaffas, portable first aid boxes.

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